

**OFFICE OF THE PRINCIPAL
SWAMI YOGANANDA GIRI COLLEGE
SAKTIASHRAM**

REPORT:

One-Day Workshop on Female Hygiene

Organiser: IQAC, Swami Yogananda Giri College

Date of Activity: 15th October/ 2022

Resource Person: Mr. Surajit Dutta, Financial Consultant.

Email ID- surajitdutta@rediffmail.com

Mobile No.- 9365991491

Number of Participants: 63

About the Programme:

A One-Day Workshop on Female Hygiene was conducted by IQAC Swami Yogananda Giri College on 15th October /2022 on the college campus to raise awareness about Menstrual Awareness and Hygiene among female students. Mr. Surajit Dutta was invited as a resource person to conduct the session. Mr. Dutta stated that girls and women must practise excellent menstrual hygiene to protect their health and dignity. The need of maintaining good hygiene during periods was also emphasised to the girls. It aided in raising their awareness of the different difficulties brought on by poor menstrual hygiene. Mrs. Sefali Roy, an assistant professor in the Assamese Department, also gave a thought-provoking presentation on feminine hygiene. There was also a round of interaction session held in the workshop and sanitary pad is distributed among the girls' students. The session was attended by 69 students of the college.

Evidence of the Workshop:



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NOTICE

Date: - 12/10/2022

It is hereby informed to all the students and staff of Swami Yogananda Giri College that a workshop on "Female Hygiene" is going to be held on 15th October/ 2022 at Swami Yogananda Giri College. So, all the students and staff are asked to attend the programme and make it a grand success.

H.K.
12/10/22
Principal i/c

Swami Yogananda Giri College
Saktiashram

Principal i/c
Swami Yogananda Giri College
Sakti Ashram

Date.....