

**OFFICE OF THE PRINCIPAL  
SWAMI YOGANANDA GIRI COLLEGE,  
SAKTIASHRAM**



**One-Day Workshop on Nutrition and Health**

**Report of the Programme: -**

One Day Workshop on Nutrition and Health is organized by IQAC, Swami Yogananda Giri College, Saktiashram in collaboration with four season Nutrition and Wellness Centre, Kokrajhar on 21<sup>st</sup> December/2022 at 11 AM on college premises. Ms. Momi Basumatary is invited as a resource person to conduct the session. She delivered a very useful Presentation on Nutrition and its Benefits for a healthy life. The total number of participants in the workshop was 144.



  
Principal, i/c  
Swami Yogananda Giri College  
Sakti Ashram  
Date: .....